



# AYUR SURABHI

*A bi-monthly magazine on Ayurveda*

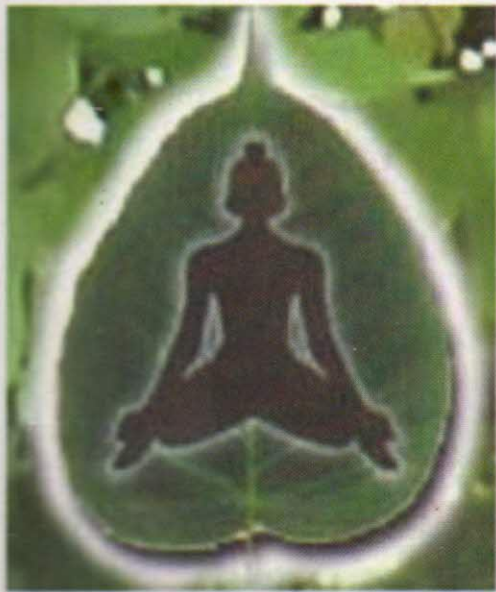


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**Sri Jayendra Saraswathi Ayurveda College & Hospital**

(Dept. of Sri Chandrasekharendra Saraswathi Viswa Mahavidyalaya)  
Nazarathpet, Poonamalle, Chennai - 600 123.  
Thiruvallur District, Tamil Nadu.



Specialties of  
**Sri Jayendra Saraswathi Ayurveda College & Hospital.**

(Dept. of Sri Chandrasekharendra Saraswathi Viswa Mahavidyalaya)

Nazarathpet, Poonamalle 600123, Thiruvallur District, Tamil Nadu.

1. College recognized by CCIM
2. Special emphasis is given on Sanskrit language for better understanding the original concept of Ayurveda.
3. 120 bedded Multi-specialty Ayurveda hospital.
4. 200 species of rare medicinal plants for demonstration.
5. well equipped "Shankara Ayurveda pharmacy" preparing classical Ayurveda preparations.
6. Conducting Anatomy and physiology classes in a smart way.
7. Well qualified teaching staff.
8. Bed side clinical classes for clinical exposure.
9. Student mentor monitoring system is in practice.
10. Library and internet facilities available.





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A BI MONTHLY JOURNAL OF AYURVEDA

SRI JAYENDRA SARASWATHI AYURVEDA COLLEGE & HOSPITAL

Nazarathpet, Thiruvallur Dist, Tamilnadu – 600123, Ph: 044- 26492649

Wing of Sri Chandra Sekharendra Saraswathi Viswa Mahavidyalaya

(Deemed University)

Enathur, Kanchipuram.

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*Ayurveda is an ancient-perhaps the world's oldest medical science. This holistic science of life is the cultural heritage of India, nurtured over thousands of years by sages and savants.*

*It uses natural substances and herbs which not only heals but also prevents the reoccurrence of diseases. It offers comprehensive cures, physical, mental and spiritual levels. The system of treatment is completely based on potent herbal combinations, time tested herbo-mineral preparations, life style adjustments, individualized dietary programs and spiritual focus on yoga and meditation.*

*To serve the mankind as a whole, in this competitive era, attending to the myriad needs of the new world, addressing them and creating medicines that shall behold the trilogy of Ayurveda-A sound physical, mental and spiritual health of one and all.*

*We at "AYUR SURABHI" feel highly encouraged and enthusiastic to put before you with a new Ayurveda magazine to update and refresh the knowledge for the fraternity of Ayurveda.*

*We look forward to your response, suggestions and criticisms because these are the precious treasure for further standardization and development of "AYUR SURABHI".*

*We are confident that "AYUR SURABHI" will receive a hearty welcome and your suggestions will receive a definite attention.*

*We need your proactive participation in making the forthcoming issues creative.*



Dr. Pradeep Kumar Moharana  
Chief Editor

