

**Studies in the
Kumārasambhavam**

(With Special Reference to Yogic Practices)

Debajyoti Jena

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FOREWORD

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FOREWORD

Kalidasa is one of the greatest Poets, India ever produced. He is an all-time, all domain poet who has touched upon almost all the branches of knowledge in his great works. His works are not only considered for their aesthetic values but also for their content, relevant to concerns of societies of all times. We can find glimpses of Veda, Purāṇa, Itihāsa, Darśana, Jyotiṣa, Āyurveda and Kathāsāhitya in each of his works. These profiles of knowledge were interwoven with the main theme of the work without any much of deviation but at the same time, modifying the thought process. The flow of the works are comparable to the Holy river Gangā in as much as it is deep and unapproachable in some places while somewhere else, it would very easy even for a disabled person to have a dip and experience the pleasure of it. Even after thousands of years of continued criticism and diverse views that exist on the works of Kālidāsa, there are many gems that are still available in them which need to be exposed to the world. Attempts are even now progressing in search of new perspectives on his literary contributions.

Dr. Debajyoti Jena, in his work "*Studies in the Kumārasambhavam - with special reference to yogic practices*", sincerely attempts to unearth such precious gems of thought, which otherwise are invisible to the common man's perspective. Even though, such attempts were made earlier the outcome was not with

much clarity and were again subjects of further discussion by the critics. In contrast, the present research highlights the intellectual power of Kālidāsa, the great poet, which makes his works, as storehouse of treasures of knowledge to all those who delve into the literary expeditions.

I am happy to present this work of Dr. Debajyoti Jenamani to the enthusiastic and encouraging readers.

Vishnu p... V.S.

Prof. Dr. V.S. Vishnu P...

