

Department of Management Studies conducted Confab cum Workshop on “**Women for Quality Life**” on 23rd April 2016. The workshop was planned in such a way to address the issues related to quality life of women in terms of working women as well as non working women. Mrs. T. Usha, Chief Educational Officer was the Chief Guest of the Function. Dr Lakshmi and Mrs Lakshmi Ramanakumar were Guest of honor and special guest respectively.

Mrs T Usha, CEO stressed the importance of Clarity, Knowledge and Confidence among the women force in order to achieve their designed result. Dr Lakshmi brought forth the essential of awareness of health status by women communities to take care of their health effectively. Mrs Lakshmi Ramanakumar narrated the role of home maker in bringing the family and she emphasized from the women’s point of view that even working women will be proud themselves as home maker. Dr A Vanitha Dr K Latha and Dr T Thirumaleswari handled technical sessions of Balancing mantra, Phoneix attitude and Exit stress respectively.

Dr Vishnu Pothy, Vice Chancellor presided over the function. Dr K P V Ramanakumar Dean (FMS) facilitated the function. Dr M S Ramaratnam, Head, FMS offered welcome address. More than 80 Participants attended the workshop.