

वाग्विलासिनी



A trimonthly newsletter
Sri Dhanwantari Vagvilasini Sabha
(A literary association of SJSACH)

Department of Sanskrit, Samhita & Siddhanta
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A wing of Sri Chandrashekharendrasaraswathi Vishwamahavidyalaya



Volume 3, Issue 2

Page 1



मैत्रीं भजताऽखिलहृज्जेत्रीम्
आत्मवदेव परानपि पश्यत
युद्धं त्यजत स्पर्धां त्यजत
त्यजत परेष्वक्रममाक्रमणम्
जननी पृथिवी कामदुगास्ते
जनको देवः सकलदयालुः
दाम्यत, दत्त, दयध्वं जनताः
श्रेयो भूयात् सकलजनानाम्।
-श्रीचन्द्रशेखरेन्द्रसरस्वतीश्रीचरणाः

In this Issue:

From the Principal
From the HOD
From the editor
News
Student's article
Alumini's article
विद्यास्म किञ्चित्
Editorial board

From the Principal Prof. Dr. Ramdas Maganti

In ancient India, the very mode of communication in India was Samskrit. Proficiency in this language gives an extra edge in understanding scriptures. After Macaulay's introduction of modern education, we lost grip over our language, culture & sciences that are inseparably linked with Samskrit. Speaking English has become not only a fashion but fascination too. At least, the Ayurveda community should incorporate the language in its true sense, rather than using it as a tool for merely passing the exams or for communication. When we have command over the language, we are enabled to learn & understand more classical texts & explore the hidden concepts and apply them with clinical rationale.

From the HOD Prof. Dr. S. Swaminathan

A meeting of Sri Dhanwantari Vagvilasini Sabha is being conducted monthly once with an aim of improving the knowledge of Sanskrit with special emphasis on its spoken aspects as well as Ayurveda for the students. The sabha & newsletter encourage students to participate at state & national level events with enormous confidence. This gives an all round personality development. The institution is proud to have its students come out with success in higher studies, for which the Sabha is one of the strong contributing factors. I congratulate Prof. Dr. P. K. Moharana, Dept. of Roganidan, Prof. S. Venugopalan & Sri. S. Thiagarajan, Dept. of Sanskrit, for their active guidance.

From the Editor- Prof. S. Venugopalan “योगदर्शनस्य उपादेयता”

षट्सु दर्शनेषु वेदप्रामाण्याङ्गीकर्तृषु अत एव आस्तिकत्वेन परिगण्यमानेषु योगदर्शनं महत्त्वमावहति बहुभिरंशैः। यतः अन्यानि दर्शनानि तत्त्वमात्रप्रधानानि प्रायशः प्रायोगिकौपयिकत्वशून्यानि वर्तन्ते। परं योगदर्शनं कैवल्याख्यपदार्थनिरूपणपरं सदपि मनुष्याणां कायिक, मानसिकस्वास्थ्यार्थं मार्गमुपदिशति। अद्यत्वे समाजे “योग” इति शब्दस्य महदाकर्षकत्वमस्ति। समग्रे विश्वे योगप्रचारः भूयसा प्रमाणेन प्रसरति। ईदृशम् आकर्षकत्वं न कस्यापि अन्यस्य दर्शनस्य, शास्त्रस्य वा

अव्यक्ताद्यक्तां याति व्यक्तादव्यक्तां पुनः। रजस्तमोभ्यामाविष्टश्चक्रवत् परिवर्तते ॥ - चरकः

दृश्यते लोके। यथा योगस्य जनमानसावर्ज्यता तथा आयुर्वेदोपि सर्वत्र पाश्चात्यचिकित्सापद्धत्याः सीमितशक्तित्वदर्शकैः सर्वैरपि अतिवेलम् आद्रियते। तदुच्यते, “अन्यानि शास्त्राणि विनोदमात्रं प्राप्तेषु वा तेषु न तैश्च किञ्चित्। चिकित्सितज्यौतिषमन्त्रवादाः पदे पदे प्रत्ययमावहन्ति॥ इति।” परमनास्तिकैरपि, तन्नाम ईश्वरस्य अस्तित्वानङ्गीकर्तृभिः प्राचीनसम्प्रदायोल्लङ्घनदीक्षितैरपि अयं योगः सादरमाश्रीयते देहदार्ढ्यफलकामिभिः। तथा च ईदृशरीत्या अतिप्रसिद्धतां गते योगेस्मिन् किं वा अस्ति? कथमिदं दर्शनं समाजाय उपकुर्यात्? वेदमार्गानुयायिभिरस्माभिः किमिदं शास्त्रम् उपादेयमस्ति? मोक्षमाणानामस्माकं शास्त्रेणानेन किं प्रयोजनम्? । अस्माकं लक्ष्यस्य दर्शनानेन सहकारः वा प्रतीकारः वा?(अनुवर्तते....)

वार्ता:

Sanskritotsavah - SCSVMV

Reporter: Madhumithaa.V.S, II Year

The Department of Sanskrit and Indian culture of our University conducted Samskritotsavam from 18th September 2017 to 22nd September 2017. Various competitions were conducted on this event, and more than 30 students of our college participated. Among them, 18 of them bagged prizes in different competitions. Our college got the Overall-2nd-position among other 4 colleges who participated in the same. The prizes were distributed in the valedictory function conducted on 22nd September between 2.00pm-4.00 pm, presided over by our Vice Chancellor

Prof.Vishnu Potty. The prize winners from SJSACH are: Hanuman. D, V.Megha, Adithyan M.D, U.Sindhana, M.Muni Haritha, S.Karuppasamy, Shraddha, Krishnan.M, Siva.E, Phalgun Koundinya.G, Keshavnadh, Shilendra, Dhvani.J and P.V.N.L. Vaishnavi.



A visit to the Snake Park, Guindy

Reporter:Swetha Akondi,, II Year

On 18/11/2017, we, the students of II Year attended a seminar at the National Snake Park, Guindy. We witnessed a variety of reptiles and got an opportunity to interact with experts in the field. We were accompanied by Dr. Usha Patil, HOD, Dept. of Agadatantra & Toxicology, SJSACH.



Seminar on Trichology

Reporter: R. Keshav Ram, IV



On 20/10/2017, our college conducted a seminar on “Trichology”. Dr. P. Srikanth Babu, HoD, Kayachikitsa, BRKR Government Ayurveda College spoke about aspects of trichology in

Ayurveda, before which P. J. Vishnu Bharadwaja, 3rd year MBBS, presented the anatomy and physiology of hair. It was an eye opener for all of us who thought Trichology was just a small aspect of Kayachikitsa. We learnt various clinical details in the field. The session was coordinated by Dr. P. K. Moharana, Professor, Dept. of Roganidanam, SJSACH.

लोके विततमात्मानं लोकं चात्मनि पश्यतः। परावरदृशः शान्तिर्ज्ञानमूला न नश्यति ॥ - चरकः

Obesity screening camp

An Obesity screening camp with awareness program was conducted in the OPD of SJSACH on 29.11.17 between 9am&1pm. Totally, 40 patients attended the camp and suitable medicines were prescribed. Each patient was educated on the hazards, diet, exercise and other relevant information. This was coordinated by Dr. Udaya Ganesh, Dept. of Panchakarma & Dr.Geetha Kumar, Dept. of Rachana Sharira.



CME on Shallaki

Reporter: Siva.E, III Year

On 26.09.2017, a CME on the miraculous effects of Shallaki in the field of Ayurveda was conducted in our auditorium, organized by GUFIC Herbals. The chairperson for the above said CME was our Principal Dr. Ramadas Maganti, and the speakers were Dr. P.K. Moharana and Dr. Sudhir. Dr. Moharana presented about redefining Ayurvedic approach in the management of arthritis and Dr. Sudhir explained the treatment and management of arthritis in ayurvedic aspect with some examples of real cases of patients witnessed by him. Then we had a video by GUFIC herbals explaining about their company. Then we had a brief lecture on the same by our Principal Dr. Ramadas Maganti and following this the programme ended with national anthem.

Science in Sanskrit - Exhibition

Reporter: Aparna.K.M, IV Year

A two days exhibition on "Science in Sanskrit" was organized jointly by department of Sanskrit and Indian culture of SCSVMV university & Rashtriya Sanskrit Vidyapeetha, Tirupati on 9.11.17 & 10.11. 17, in which a few of our classmates (students from fourth year) and a few interns participated, accompanied by Dr. Deepak Raja (Assistant professor, Kriya Shareeram) and Dr.Vishnuvardhan (Assistant professor, Panchakarma). Our team of students demonstrated leech therapy and also explained asthma, osteoarthritis, dinacharya and rtucharya, PCOD, panchakarma instruments, agnikarma, marma, some trichological diseases, psoriasis etc., to the students,staff of SCSVMV University & general public.



World Geriatrics Day

Reporter: Phalgun.G.Koundinya, III Year

On the occasion of world geriatric day, we invited the senior citizens from our old age home. Prof. G. R. R. Chakravarthy and Prof. Vasudeva Reddy felicitated all senior citizens. Prof. G. R. R. Chakravarthy spoke about Geriatric health care. After an interactive session between the members and our doctors, the valedictory function took place. This event was coordinated by Dr.K. P. Roshini and Dr.G.R.R. Chakravathy.



शरीरं सर्वथा सर्वं सर्वदा वेद यो भिषक्। आयुर्वेदं स कात्स्वर्न वेद लोकसुखप्रदम्॥ - चरकः

वार्ता:

“Shalakyaprabodhini”

Reporter: Roobini.R, IV Year

We, the final year students, along with our college's interns attended the national conference on “Shalakyaprabodhini -2017”. The motto of the event was “To explore the innovative practices in shalakyas” and the vision was “Learn shalakyas, practice shalakyas”. This was a two day conference preceded by a pre-conference workshop “Shalakyaprabodhini”, organised by Government ayurveda college, Bengaluru between 9.11.17 & 11.11.17. Inauguration & key note address of Shalakyaprabodhini was given by Dr. K.S. Dhiman, Govt. Ayurveda College, Bengaluru. The topics of the conference included – clinical reviews on refractive errors, treatment modalities in Karna rogas, approach to shirasshoola in daily practise, suchi vyadha chikitsa in shirasshoola, significance of marma chikitsa in jatrurdhwagata vikara, evidence based practice of agnikarma in netra roga etc., This was followed by a panel discussion. Papers were presented by Ayurvedic physicians from all over the nation. Apart from the conference, there was also cultural programmes. The programme came to an end on 11/11/2017. We were lead by Dr.P.A. Sudhir, HOD, Dept.of Shalakyatantra, SJSACH.

Dhanwantari Jayanti

Reporter: Sindhana Udhayam, II Year

Dhanwanthri jayanthi was celebrated on 17/10/2017. It is considered as the National Ayurveda day, as declared by the Govt. of India. 17/10/2017 was the 2nd National Ayurveda Day, the first being 28 Oct 2016. In SJSACH, the event was observed with Dhanvantari homam in our auditorium, followed by recitation of vishnusahasranamastotram & dhanwanthrisuthuthi. This was followed by chanting of selected portions of Ashtangahrdayam, Sutrasthanam. Further, we took part in the live interaction initiated by Prime Minister of India Sri.Narendra Modi. Addressing the general public & Ayurvedic colleges shortlisted by the CCIM to be a

part of this live event, Prime Minister Sri Modi insisted upon true learning of Ayurveda and spoke about the importance of Ayurveda. He said that all ayurvedic hospitals' infrastructure should be improved and added that in future, all taluks should have ayurvedic physicians. He spoke with special emphasis on the steps that should be taken to eradicate filariasis.



Dengue awareness camp

Reporter: Megha.V, III Year

On 14.10.17, we, III Year students, participated in an awareness programme on dengue fever organized by Poonamallee District health Unit in association with our college. Dr. K. Adithya, Health officer, Poonamallee, gave a brief knowledge about the Aedes mosquito and how to prevent its development. We were divided into groups and we undertook the awareness campaign, wherein a survey was conducted for about an hour. We also educated the public about the disease. Periodically, we continue to address the neighbouring areas of the college on the awareness of dengue in interest of public awareness. Dr. P.K. Moharanna, and Dr. Guru Prasad organized this programme co-ordinated by Dr. G.R.R. Chakravarthy, Dr. Suvendu Rout, Dr. C.R. Das and Dr. Uday Kumar.

विषापं विरजः शान्तं परमक्षरमव्ययम्। अमृतं ब्रह्म निर्वाणं पर्यायैः शान्तिरुच्यते ॥ - चरकः

वार्ता:

Session on career counselling and integrated medicine

Reporter: Rengapadmini.B, IV Year

A technical session was conducted for the final year students on career counselling with reference to the Integration of Acupuncture with Ayurveda. This was organized by Bliss Medicare centre, held on 4th November 2017 at our college auditorium from 2.00 pm to 3.30 pm. Ms. Sheena and Mr. Sharon (career counsellors) started the interactive session on the scope of higher studies and specialization in other branches of science. Prof. Dr. D. R. Rajesh verma and Dr. Poonam verma delivered their lectures on the Integration of Ayurveda with Acupuncture & Aquapuncture, sharing clinical experiences favouring the efficacy of using therapies such as acupuncture & homeopathy with ayurveda. This was followed by the distribution of pamphlets for registration of the 6th National symposium Acupuncture association of India. On the whole, the session paved for the student, the way to enhance and excel in the ayurvedic field with the support of other science, which they need to be aware of. The session was coordinated by the Principal, Prof. Dr. Ramdas Maganti.

World Diabetes Day

Reporter: Shilpa Sasikumar, IV Year

World Diabetes Day is the world's largest diabetes awareness campaign reaching the global audience of over 1 billion people in more than 160 countries. World Diabetes Day was created in 1991 by IDF & the World Health Organisation in response to growing concerns about the escalating health threat posed by diabetes. We celebrated World Diabetes Day on 14 November 2017. Dr. P. Sathyamurthy MD, Associate professor of Gen Medicine, Sri Ramachandra Medical College delivered guest lecture on "Diabetes" which was followed by an interactive section. Then Dr. Ramdoss Maganti, Principal, SJSACH spoke a few words. Essay writing competition for the final year juniors was conducted on the same day for which Sri. Balasubramanian (4th yr student) won the 1st prize. As a part of this event free diabetic screening camp (8 to 14 November 2017) was conducted at our hospital OPD which included monitoring random blood sugar, urine sugar & blood pressure check up. 50 women above 40 years were checked of which 10 women were found diabetic. This was done by the active support of Mr. Balan, Lab technician. The programme was organized by Dr. Usha Patil, HOD of Agadatantra dept and Dr. Rakhee Panda, Assistant Professor, Dept of Kayachikitsa.

World AIDS Day

Reporter: G. Phalgun Koundinya, III Year

World AIDS/HIV Day was held on 1st December 2017 in our college. It was co-ordinated by Dr. G. R. R. Chakravarthi (H.O.D Of Swasthavrttam). The program started by lighting the lamp. Dr. G. G. R. Chakravarthi and Dr. Vasudevan Reddy (H.O.D. of salya tantra) lead the dignitaries on stage. Welcome address was given by Dr. Guru Prasad (Dept. of Swasthavrttam). Speeches on the topic "Prevention and control of AIDS/HIV" were delivered by Dr. Srimannarayana (DMS, SJSACH) & Dr. G. R. R. Chakravarthi. Ms. V. Rahini (Third Year Student), & Ms. V. Megha (Third Year Student) presented briefly on the topic "Geriatric problems". Dr. Vasudeva Reddy (H.O.D Of Salyatantra) shared few clinical experiences about HIV/AIDS cases. This was followed by distribution of certificates to the participants of the seminar on World Elderly day and World AIDS day. Vote of thanks was given by Dr. Munilokesh (Dept. of Shalakyatantra).

वशी तत्कुरुते कर्म यत् कृत्वा फलमश्नुते। वशी चेतः समाधत्ते वशी सर्वं निरस्यति ॥ - चरकः

वार्ता:

Tatwaprakasini

Reporter: Madhumithaa.V.S, II Year

We, the second year students, accompanied by Dr. Deepak Raja, Asst. Professor, Dept. of Kriya Sharira, SJSACH, attended the Tatwaprakashini programme conducted at Arya Vaidya Pharmacy at its campus at Patanjaliपुरी from 30th September 2017 -13th October 2017. It was an intensive residential academic programme, wherein the members followed a strict schedule as per dinacharya (Ayurvedic regimen). The students had to get up by 4 AM to the whistle sound and attend a homam conducted at 5 AM everyday at the campus. The homam was followed by a satsang with Krishnakumar Ji – the MD of the AVP. The main sessions were based on the topics of Moolasidhanta which were Padarthavijnana & Ashtangahrudaya-Sutrastanam. Each day was allotted to 1 or 2 chapters of the text where the speakers explained the topics briefly & also shared the clinical utility of the chapter. The main session concluded by an open question&answer session everyday. The Samskritabharti also conducted a 6-day-programme with (each session for one hour and a half) on spoken sanskrit. The next week had an interesting dravyaguna field session by an expert Dr. Ajayan who took the batch to areas of the forest nearby to show the plants growing there. Every evening had a parayanam session of Ashtangahrudaya-Sutrasthanam lead by senior participants of Tatwaprakasini. The evenings also had special sessions which dealt with topics other than Moolasidhanta like personality development, role of a Vaidya in the society, & life after BAMS. The session after dinner was for entertainment, wherein the participants would gather in the open air under the peepal tree for songs, games, debates and so on. On the whole, the seminar gave the students a lot of exposure to the field of ayurveda and also disciplined their life style to a great extent. All of them admitted that this was a seminar beyond expectations.

छात्रलेखः - अपर्णा कृष्णकुमारः (प्रथमवर्षछात्रा)

रजनिकान्तः, अमिताब् बच्चनः, सच्चिन् तेण्डुलकरः, षारूक् खानः इत्यादयः स्वस्वयौवनकाले 'युवकानां नेतारः' आसन्, परन्तु इदानीम् तथा न सन्ति। तर्हि कः सर्वदा युवकानां नेता अस्ति?

१८९३, सितम्बर, ११, दिनाङ्के, शिकागो नागरे, सर्वमतसदसि, कश्चन युवकः " हे सोदर्यः, सोदराश्च!.. " इति आरभ्य कानिचन वाक्यानि उक्तवान् ! तत्क्षणे सः लोकप्रसिद्धः अभवत्! अमेरिकादेशस्य युवकाः, युवतयः, धनिकाः, प्राचार्याः, वैज्ञानिकाः इति सर्वे विस्मिताः अभवन्!

तद्दिने कस्यचित् धनिकस्य सुखदे भवने रात्रौ तस्य युवकस्य निद्राव्यवस्था आसीत्! किन्तु अहोरात्रं भोगशय्याम् त्यक्त्वा, भारतदेशस्य जनानां दारिद्र्यमेव चिन्तयन् भूतले एव उपविशन् आसीत्। अपरे दिने, काचित् अमेरिकादेशीययुवत्याः गृहे तस्य निवासः आसीत्। सम्भाषणसमये सा "तव सदृशं पुत्रम् इच्छामि" इति अकस्मात् उक्तवती! तत् श्रुत्वा, सः युवकः झटिति अवदत् "अम्ब! अहमेव तव पुत्रः!" इति।

सः तस्य यौवने काले, चतुरः संवत्सरान् अमेरिका, यू.के. इति भोगभूम्यां वासं कृतवान्, तदा प्रसिद्धतरः अपि अभवत्! पुनः भारतम् प्रत्यागमनार्थं पोतस्य आरोहणम् कर्तुं सिद्धः आसीत्। तदा कश्चन पत्रकारः तं युवकम् अपृच्छत्, "एनां विकसितभूमिं त्यक्त्वा गच्छति! किम् दुःखितः वा?" इति, तदा सः वदति स्म "अत्र आगमनात् पूर्वम् भारतम् मह्यम् रोचते स्म। अधुना तस्य धूलिः अपि पवित्रम् इति विश्वसिमि"! अतः एव सः युवकः अस्माकं परिचितः स्वामिविवेकानन्दः निरन्तरयुवनेता अस्ति!!

योगे मोक्षे च सर्वासां वेदानामवर्तनम्। मोक्षे निवृत्तिर्निश्शोषा योगो मोक्षप्रवर्तकः ॥ - चरकः

From the Alumni - TRAUMATIC BRAIN INJURY (TBI), - MASTISKAVEPANA

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Traumatic brain injury (TBI), also known as intracranial injury, occurs when an external force injures the brain. It can be correlated with “Mastishkavepana” from Bhaishajyaratnavali Chapter 99. Head injury is present in ancient stories that may date back before recorded history. Skulls found in battleground graves with holes drilled over fracture lines suggest that trepanation may have been used to treat TBI in ancient times. Ancient Mesopotamians knew of head injury and some of its effects, including seizures, paralysis, and loss of sight, hearing or speech. The Edwin Smith Papyrus, written around 1650–1550 BC, describes various head injuries and symptoms and classifies them based on their presentation and tractability. Ancient Greek physicians including Hippocrates understood the brain to be the center of thought, probably due to their experience with head trauma. Medieval and Renaissance surgeons continued the practice of trepanation for head injury. In the middle Ages, physicians further described head injury symptoms and the term concussion became more widespread. Concussion symptoms were first described systematically in the 16th century by Berengaria da Carpi. It was first suggested in the 18th century that intracranial pressure, rather than skull damage, was the cause of pathology after TBI. This hypothesis was confirmed around the end of the 19th century, and opening the skull to relieve pressure was then proposed as a treatment. As per Bhaisajya Ratnavali, Mastiska vepana lakshanas as follows: When there is severe external injury to the head there occurs the signs and symptoms like hrullasa[nausea],murcha[fainting], vamana [vomiting], jadatwam[LOC],chittasya chanchalyam[Altered consciousness /mental dullness and apathy], ativa veputha, , karna nada [ringing in the ears], malina aasyatha[bad taste in mouth], , pravistruthi netra kaninikayaa[enlargement of eye ball], nadiyaa spandanam alpa matram[bradycardia], saityam , adika durbhalatha[more weakness], vachovikara[aphasia]paksha hani roga[stroke]. Traumatic brain injury (TBI), Symptoms are also dependent on the injury's severity. With mild TBI, the patient may remain conscious or may lose consciousness for a few seconds or minutes.[Other symptoms of mild TBI include headache, vomiting, nausea, lack of motor coordination, dizziness, difficulty balancing ,lightheadedness, blurred vision or tired eyes, ringing in the ears, bad taste in the mouth, fatigue or lethargy, and changes in sleep patterns. Cognitive and emotional symptoms include behavioral or mood changes, confusion, and trouble with memory, concentration, attention, or thinking. Mild TBI symptoms may also be present in moderate and severe injuries. A person with a moderate or severe TBI may have a headache that does not go away, repeated vomiting or nausea, convulsions, an inability to awaken, dilation of one or both pupils, slurred speech, aphasia (word-finding difficulties), dysarthria (muscle weakness that causes disordered speech), weakness or numbness in the limbs, loss of coordination, confusion, restlessness, or agitation. Common long-term symptoms of moderate to severe TBI are changes in appropriate social behavior, deficits in social judgment, and cognitive changes, especially problems with sustained attention, processing speed, and executive functioning. Alexithymia, a deficiency in identifying, understanding, processing, and describing emotions occurs in 60.9% of individuals with TBI. Cognitive and social deficits have long-term consequences for the daily lives of people with moderate to severe TBI, but can be improved with appropriate rehabilitation When the pressure within the skull (intracranial pressure, abbreviated ICP) rises too high, it can be deadly. Classical management approach will be continued in the next issue of the newsletter.

मात्रयाऽप्यभ्यवहृतं पथ्यं चान्नं न जीर्यति। चिन्ताशोकभयक्रोधदुःखशय्याप्रजागरैः ॥ - चरकः

सभासारांशः

विद्यारम्भ किञ्चित्

वृत्तपत्रिकाप्रस्तुतिः - २५.०९.२०१७
 वादविवादस्पर्धा - २६-१०-२०१७
 रसप्रश्नाः - ३०.११.२०१७
 कलाविलासिनी - २८.१२.२०१७

॥ सुभाषितम् ॥

दानं धर्मश्च विद्या च रूपं शीलं कुलं तथा ।
 सुखमायुर्यशश्चैव नव गोप्यानि यत्नतः ॥

(चाणक्यनीतिः)

आरोग्यार्थं संस्कृतम्

आरोग्यार्थः आयुर्वेदः, आयुर्वेदार्थं संस्कृतमिति श्रुतम्। परं, चिन्तनीयस्तु अयं विषयो यत् आरोग्यार्थं साक्षात् संस्कृतमात्रयथावत्प्रयोगोऽपि सुखद एव। उदाहरणार्थं, नवीनेन केनचिदनुसन्धानेन इदं साधितं यत् 'विट्ठल' इति शब्दस्य उच्चारणादेव हृदयस्वास्थ्यं वर्धते इति। तद्धेतुश्च अल्पप्राणस्य टकारस्य महाप्राणस्य ठकारेण सह संयुक्तप्रवृत्तिः, तत्संयुक्ताक्षराच्च उभयतः अल्पप्राणयोः वकारलकारयोः स्थितिः इति च तैः प्रोक्तम्। अस्माकं प्रत्येकमप्युच्चारणं शरीरस्थानां चक्राणां बीजाक्षरेण तद्ध्वनिभिश्च सम्बन्धं याति, तथा प्रत्येकं शब्दस्य शरीरस्थितेरुपरि प्रभावो भवत्येवेति सिद्धान्तः। अत एव ॐकारस्य अथशब्दस्य च माङ्गल्यवर्णने तावत् शब्दप्रभवप्रभाव एव वर्णितः -

ॐकारश्चाथशब्दश्च द्वावेतौ ब्राह्मणः पुरा।

कण्ठं भित्वा विनिर्यातौ तस्मान्माङ्गलिकावुभौ॥ इति।

अत एव उक्तं स्यात् - "वाग्भूषणं भूषणम्" अस्त्येव निरन्तरम्।

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