### SRI CHANDRASEKHARENDRA SARASWATHI VISWA MAHAVIDYALAYA Department of Electronics and Communication Engineering

23/08/2018

From	Through	То
Prof.V.Swaminathan,	Dr.G.Sriram,	The Registrar,
HOD/ECE	Dean (E&T)	SCSVMV

Sir,

# Sub: Report on Workshop on Motivation, Emotional and Stress Management for Girls on 22<sup>rd</sup> August 2018 – Reg.

- 1. The Department of Electronics & Communication Engineering has organized a Workshop on Motivation, Emotional and Stress Management for Girls on 22<sup>rd</sup> August 2018.
- 2. First Year Girl students of Circuit Branches (approx. 85 students) participated in the program.
- 3. The Resource Persons are 1) Dr.Usha Sundaresan, Psychologist, Chennai.

2) Mrs.Kalyani, Human Psychologist, Chennai

- 4. The Workshop provided insight on Emotional and Stress Management with Positive thinking and Motivation.
- 5. The Programme is coordinated by: Smt.R. Jayalakshmi, Assistant Professor II, ECE.

Thanking you,

Yours,

(Prof.V.Swaminathan)

Encl: Photos



### i. Head of the Department addressing the Students

ii. Resource Person Dr.Usha Sundaresan delivering the lecture



iii Resource Person Mrs.Kalyani delivering the lecture



iv A section of the Girl Students of Circuit Branches during the Program





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11.04.2019

### Hygiene and Awareness program

The Women cell of SCSVMV organized Awareness program for Girl students and women faculty.

### **Resource Person**

The keynote speaker of the program, is Dr.N.KALYANI, B.B.A, M.S , M.Phil, Ph.D .

She is Founder and Entrepreneur at Dhyan Baby Prenatal Education and KKG Empowering kids.

She is an unique therapy technique and conducting prenatal education programs for the past 19 years across India and a few foreign countries.

### About the Program

The awareness program conducted by the women cell for girl students and women staff on 11.04.2019.

This program focused on two issues related Girls and Women

- Health and Hygiene
- Social media threatening

The final year girls of different disciplines and women staff, around75 members participated in the program.



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स्वताविश्वमहाविद्यालयः

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Dr. Kalyani discussed about the health issues faced by the girls and how to be hygiene.

Then she discussed about social media problems of girls and how to use social media network safely. What are all the precautions girls should follow when using social media so that they could avoid harassment through social networks.

The program is very useful for the participants.



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29.02.2020

### **OUTREACH PROGRAM**

The Women cell of SCSVMV organized an **OUTREACH PROGRAM** 

### PLACE & DATE:

The Women cell of SCSVMV organized an OUTREACH PROGRAM at Government Primary School, Saakaangulam Village near Kanchipuram on 28.02.2020 (Friday)

### **About the Program**

The outreach program is conducted by the women cell for the students studying at Government Primary School at Saakaangulam village near Kanchipuram.

- Women faculty of SCSVMV Women cell created awareness to the students regarding the the importance of education.
- Students participated with great interest and they performed dancing, singing. Few students delivered speech about great leaders.



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- Women Faculty members conducted separate awareness workshop to the girl students about sexual abuse. They explained what is good touch, bad touch, how to tell parents if anything wrongly happens to them.
- Finally Faculty members gave small pouch with pen, pencil, small scale, and eraser to the students.
- The program ended with singing National Anthem.





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From	27 FEB 2020 J 4 2/14 Emathur, Kanchipuram - 631 561.	27.02.2020	
Dr.R.Malathi			
Associate Professor/EEE	Department		
Chairman –Women Cell,			**
SCEVMV.			
То			
The Registrar,			
SCSVMV.			
Respected Sir,			
Sub. Requesting pr	ermission to conduct OUTREACH Progr	ram –Reg.	
Primary School , Saukakaangulam	Women Cell would like to conduct Outr n. village near Rajakulam on 28.02.2020 for conducting the program and need tr	0 ( Friday). In this regard	
Th	nanking You,		
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	(Dr.R.MALATI		
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(1) Dr. R. Malat (2) Dr. R. Mah	eswari (mathia)	4	
(3) Dr. C. Sun (4) Dr. R. Jougalo	vestimin (ECE).		

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09.08.2021

### Health Insurance Awareness Program

The Women cell of SCSVMV conducted an online webinar on health insurance, for our university women staff. SCSVMV contributes health insurance for employees through Star Health Insurance.

### **Resource Person**

The speaker is from star health insurance Mr. Karthik and the webinar conducted on 09.08.2021, evening 5 pm to 6pm.

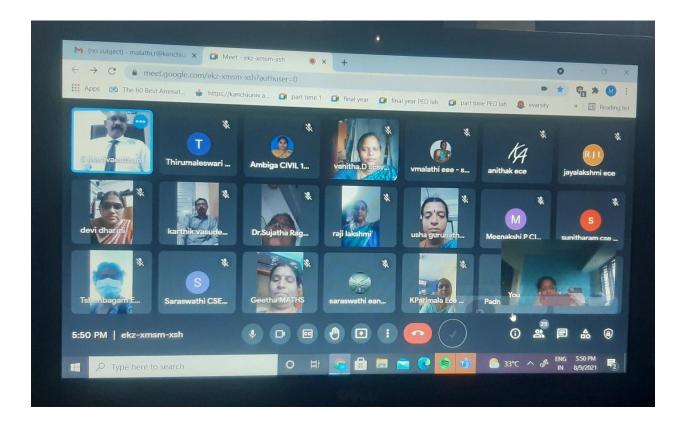
The women staff of SCSVMV attended the webinar. The speaker explained the various schemes available with star health insurance and how it will be useful during an emergency. Fifty women staff attended the webinar and got a clear vision about the schemes. The response for the program is good, the feedback is collected from the participants.



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## Women cell-Health insurance awareness program-reg.

Malathi R <malathi.r@kanchiuniv.ac.in>

Sat, Aug 7, 2021, 12:20 PM

to registrar, drg.sriram

Respected sir,

Women cell SCSVMV planning to conduct online webinar on health insurance awareness, for our university women staff on 09.08.2021, evening 5 pm to 6pm. The speaker is from star health insurance.

I request your permission to conduct the same on behalf of SCSVMV Women Cell.

Thanking you Dr.R.MALATHI Associate Professor/EEE Dept.



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02.12.2021

### WOMEN HEALTH THROUGH AYURVEDHA

The Women cell of SCSVMV organized an online webinar on women health through AYURVEDHA for our university women staff.

### **Resource Person**

The keynote speaker of the programe is Dr. SWATHI, Associate Professor, Department of Prasuti Tantra and Stri Roga, Sri Jayendra Saraswathi Ayurvedha College and Hospital, Nazararthpet, Chennai.

The Webinar is conducted on December 2nd [02-12-2021] afternoon 3 pm to 4 pm.

The doctor has explained about the health issues of women, like reasons which causes health illness and how Ayurvedha treatment makes it cure. The staff interacted with doctor about their health problems, how this could be cured and diet to be followed.

The session is useful and the response is good.



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## SCSVMV WOMEN CELL- online Webinar reg.

Malathi R EEE 10172 <malathi.r@kanchiuniv.ac.in>

Tue, Nov 30, 2021, 3:51 PM

to registrar, drswathi

Respected sir,

Women cell SCSVMV planning to conduct online webinar on **WOMEN HEALTH THROUGH AYURVEDHA** by *Dr. SWATHI, Associate Professor, Department of Prasuti Tantra and Stri Roga*, Sri Jayendra Saraswathi Ayurvedha College and Hospital, Nazararthpet, Chennai.

This online-Webinar is scheduled on December 2nd [ 02 -12 -2021] afternoon 3 pm to 4 pm , for our SCSVMV WOMEN STAFF.

I request your permission to conduct the same on behalf of SCSVMV Women Cell.

Thanking you

Dr.R.MALATHI

Associate Professor/EEE Dept.

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