

SCSVMV

School of Education

Awareness Program on Mental Health & Well-Being (24.10.2025)

As per the directions of SRC-NCTE, The School of Education of Sri Chandrasekharendra Saraswathi Viswa Mahavidyalaya organised an Awareness program on “Mental Health and Wellbeing” on 24th October, 2025 at 10:30 AM in the Seminar Hall. The event aimed to raise awareness about mental health, promote wellbeing, and provide a platform for students to share their thoughts and perspectives on the topic. The programme began with a warm welcome address by Mrs. J. Jayapriya, Head i/c, School of Education. Dr. Sainathan, Medical Officer of Sri Jayendra Saraswati Medical Centre, SCSVMV and Dr. Lakshmi Prasanna, Faculty of Allied Health Sciences, SCSVMV were acted as a chief guests. They shared valuable insights, practical tips and strategies for maintaining good mental health. First year B.Ed students Aiswarya P S, Ambil Sri Vidya Hasini, Arjundev T, Jishnu Prasad A, Maheswata Behera, Rajeshwari R and Sundarresh V actively expressed their ideas in different languages, showcasing their creativity and understanding. The event concluded with vote of thanks by Vysakh Babu I year B.Ed. The program was expertly compered by V.Sundarresh, I year B.Ed. Students and faculty members actively participated in the program.

